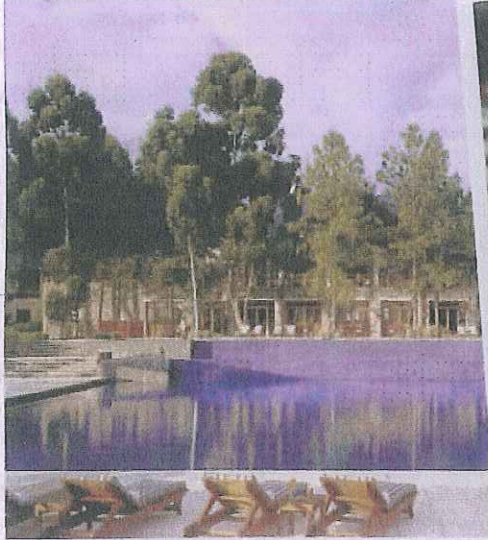


insider READERS' POLL



SPA BLISS From far left: The Four Seasons Resort in Carmelo, Uruguay; an alfresco massage at Hawaii's Four Seasons Resort Hualalai; fresh-squeezed juice served post-treatment at Esperanza, in Mexico.

TOP 5 HOTEL SPAS

Hawaii

1. **FOUR SEASONS RESORT HUALALAI** Hawaii 93.42
2. **GRAND WAILEA** Maui 90.92 Ⓔ
3. **FOUR SEASONS RESORT MAUI AT WAILEA** 89.29
4. **FAIRMONT ORCHID** Hawaii 89.06
5. **RITZ-CARLTON KAPALUA** Maui 89.05

TOP 5 HOTEL SPAS

Mexico

1. **ESPERANZA, AN AUBERGE RESORT** Los Cabos 93.50
2. **CASAMAGNA MARRIOTT PUERTO VALLARTA RESORT & SPA** 92.78
3. **LE MÉRIDIEN CANCÚN RESORT & SPA** 92.22
4. **FOUR SEASONS RESORT** Punta Mita 86.54
5. **PUEBLO BONITO SUNSET BEACH RESORT & SPA** Los Cabos 85.77

TOP 10 HOTEL SPAS

The Caribbean, Bermuda, and the Bahamas

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| 1. COUPLES TOWER ISLE St. Mary, Jamaica 96.00 Ⓔ | 6. ROSEWOOD LITTLE DIX BAY Virgin Gorda, British Virgin Islands 89.23 |
| 2. COUPLES SANS SOUCI Ocho Rios, Jamaica 93.36 Ⓔ | 7. COVE ATLANTIS Paradise Island, Bahamas 87.68 |
| 3. COUPLES SWEEP AWAY Negril, Jamaica 92.28 Ⓔ | 8. FAIRMONT SOUTHAMPTON Bermuda 87.50 |
| 4. ONE&ONLY OCEAN CLUB Paradise Island, Bahamas 90.24 | 9. HALF MOON Montego Bay, Jamaica 87.22 |
| 5. PETER ISLAND RESORT British Virgin Islands 89.62 | 9. LA SAMANNA St. Martin 87.22 |

TOP 5 HOTEL SPAS

Central and South America

- | | |
|---|---|
| 1. FOUR SEASONS RESORT Carmelo, Uruguay 92.22 | 4. FOUR SEASONS RESORT COSTA RICA AT PENINSULA PAPAAYO 89.58 |
| 2. LLAO LLAO HOTEL & RESORT, GOLF-SPA San Carlos de Bariloche, Argentina 91.36 | 5. TABACÓN GRAND SPA THERMAL RESORT Arenal, Costa Rica 87.08 |
| 3. FOUR SEASONS HOTEL Buenos Aires 90.26 | |

TOP 10 HOTEL SPAS

Asia

- | | |
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| 1. FOUR SEASONS RESORT BALI AT JIMBARAN BAY 96.07 Ⓔ | ✓ 6. J.W. MARRIOTT PHUKET RESORT & SPA Thailand 92.92 Ⓔ |
| ✓ 2. FOUR SEASONS RESORT Chiang Mai, Thailand 95.00 | ✓ 7. ANANTARA GOLDEN TRIANGLE RESORT & SPA Chiang Rai, Thailand 91.00 Ⓔ |
| 3. MANDARIN ORIENTAL Hong Kong 95.00 | 8. RAFFLES GRAND HOTEL D'ANGKOR Siem Reap, Cambodia 90.00 Ⓔ |
| 4. FOUR SEASONS HOTEL Shanghai 94.09 Ⓔ | 9. SHANGRI-LA'S MACTAN RESORT & SPA Cebu, Philippines 87.50 Ⓔ |
| 5. MANDARIN ORIENTAL Bangkok 93.85 Ⓔ | 10. INTERCONTINENTAL Hong Kong 86.67 Ⓔ |

Ⓔ Denotes a Great Value



TREND MEDICAL SPAS HERE, THREE NEW SPOTS WHERE YOU CAN GET A FACIAL—AND A CHECKUP.

• Inspired by traditional Chinese medicine, the Chuan Spas at Pasadena, California's **Langham Huntington** and Shanghai's **Langham Yangtze Boutique** (langhamhotels.com; treatments from \$130) offer Eastern healing techniques like cupping and acupuncture. • The Northwest Face Spa at the **Woodmark** (thewoodmark.com; treatments from \$125), on Lake Washington near Seattle, aims to diminish the signs of aging with a dual approach: chemical peels, laser skin-tightening, and other noninvasive treatments followed by chocolate and cucumber-butter body wraps. • Complete with a "day hospital" and 58 spa rooms, the 120,000-square-foot Malo Clinic Spa, at the **Venetian Macao Resort Hotel** (venetianmacao.com; treatments from \$60), combines diagnostic services with treatments such as hydrotherapy, Botox injections, and cosmetic surgery. —NORA ZELEVANSKY

— copy to M. Walsh, Dillip Pop, Boyd Barker, Michel Eve, James K., Pralena